Carolina Rig Fishing

The Carolina rig consists of a worm sinker, beads and a swivel. You slide a heavy worm sinker (usually ½ ounce used up to 20' or 3/4 ounce used deeper) onto the line, add 1 or 2 plastic beads (the bead tap against the sinker making a clicking noise that may attract fish) onto the line below the sinker and tie the tag end to a swivel. Tie a leader of from 18 to 36" to the opposite end of the swivel and attach a worm hook to the tag end. You can use either a worm or lizard bait. Rig them as described above in the Texas rigging.

Use the same type rod as the Texas rig (6' or 6'6" medium heavy) and cast the rig and let it settle to the bottom. Take up the slack line and with the rod at waist level point the rod tip directly at the lure and move the rod about 45 degrees to one side. This pulls the sinker along them bottom and the worm will dart. Repeat this step until the retrieve is complete. Strikes can be difficult to detect because of the sinker weight bouncing along the bottom. If you feel any pressure on the line or tap let out some line then reel it in slowly and if you feel pressure set the hook. You can also throw it out and drag behind the boat and follow depth lines, i.e. 20' or 30'. The dragging method is very successful in winter and summer when the bass go deeper.

On Lake Keowee either a finesse worm or u-tail worm work very well.

